

REFERRALS

You can refer yourself from our website, by email or by calling us.

You can also be referred to our services by your healthcare or education providers, your community workers, or other professionals you are working with.

CONTACT US

0800 FAM CARE
0800 326 2273

AnglicanFamilyCare.org.nz
Enquiries@FamilyCare.org.nz
facebook/AnglicanFamilyCare



Strong, connected and thriving
whānau and tamariki

SUPPORT US



Home-based
Family
Support



WHAT IS HOME-BASED FAMILY SUPPORT?

Our *Home-based Family Support* service works alongside parents/caregivers who want to develop and strengthen their parenting skills and confidence so that their children are able to reach their full potential.

WE WORK TOGETHER ONE ON ONE AT YOUR PACE, AT YOUR PLACE.

You can choose what goals you want to focus on and we can develop a plan for this together, or we can work with you one-on-one through the Triple P parenting programme.

IS IT FOR ME?

Our Home-based Family Support is:

- a short to medium term programme (around 3 to 6 months) for parents/caregivers with children aged up to 17 years;
- led by you: you choose your goals and we help you to achieve them. We will ask you for feedback along the way;
- voluntary and free.



"I feel more confident in knowing where and how to get help."

HOW DOES IT WORK?

Our workers will:

- visit you at home, usually weekly, and get to know you and your family;
- support you to meet the emotional and physical needs of your child/children and understand how they are growing and changing;
- help you work out what you want to achieve, change or improve, and make a plan with you to help you get there,
- build on your strengths and self-confidence;
- assist you to connect with other services, specific to your needs;
- provide support and advocacy with other services.

FIND OUT MORE ABOUT OUR PARENTING PROGRAMMES:

- Triple P website:
www.triplep-parenting.net.nz

"I felt listened to... and was able to make informed decisions"