

Community Connect

AUTUMN/
WINTER
2021

BECAUSE OF YOU... FAMILIES ARE CAPABLE

We provide restorative justice (RJ) services to the Dunedin and Alexandra courts. This community-based justice programme offers victims of a crime an opportunity to participate in a process to address the harm done, with referrals received through the courts or the Police Diversion Scheme. Participation in a restorative justice conference is voluntary for the victim and the offender. Both parties are invited to meet together with trained facilitators to discuss what happened and what can realistically be done by the offender to put things right for the victims. Anglican Family Care has been delivering this service for 20 years.

We spoke to Angela, our Restorative Justice Co-ordinator, who has been in the role for two and a half years and leads our team of skilled and experienced facilitators.

Tēnā koutou katoa

Ko Kakepuku te maunga

Ko Waipa te awa

Ko Ngāti Maniapoto te iwi

Ko Angela Eketone-Kelly ahau

What's your background?

I spent a large number of years working in Immigration both in New Zealand and overseas. I then moved to the Middle East with my husband and son and we were living in Lebanon, when there was conflict in 2006. It was during this time that I witnessed the long-lasting effects war had on children and this led me to study Counselling for Children and specifically a degree in Psychology. While I was studying, I returned to New Zealand and volunteered for Victim Support and Stopping Violence, working within the community with victims and offenders. I also

did a stint with Te Whare Tāwharau, the Sexual Violence Support and Prevention Centre at Otago University.

What attracted you to the role?

When the role came up, I jumped at the opportunity. A few years ago, I was studying my Masters in Peace and Conflict Studies, and my research led me to the Truth and Reconciliation Commission in South Africa. The commission's emphasis was on reconciliation for the large number of victims who suffered gross human rights violations under the Apartheid regime. Although some may say that it was not successful, the fact that victims were given the opportunity to speak their truth and be heard by the perpetrators is a powerful exercise.

What do you like most about your job?

When a conference proceeds, and both parties

show empathy to each other. It sounds corny, but sometimes you just know that when it proceeds it can be beneficial for everyone involved. Sometimes perpetrators of crimes are good people who make a bad decision, they don't start out their day thinking they are going to do something illegal, or that they are going to significantly affect another person.

What are the challenges?

The most challenging thing for me is ensuring we are doing the right thing by both parties. It is not always the right decision to put an offender in a room with their victims. Although we cannot always predict the outcome, our Facilitators work hard to ensure we do no harm. The wellbeing of both parties is at the forefront of our decision-making.



What does your typical day look like?

Each week I spend two or three days in court and if the Judge directs restorative justice, I discuss the process etc with the offenders. I also make contact with the victims and we decide whether or not it is appropriate to proceed to a conference. It is imperative that we ensure that both parties are fully informed before we bring them together. I am pleased to say each day is different and it is difficult to predict how a day will turn out.

When you aren't working, what do you like to do?

I currently volunteer with a community organisation and I am a research assistant for a project with Victoria and Otago Universities. I really enjoy sports and supporting family members in their chosen sports, although I have to draw the line at my son's social basketball where the aim of the game is three-pointers from mid-court. A good book cuddled up with my dog and/or husband is also a great way to spend time.

Ko au ko koe
Ko koe ko au
I am you
You are me
(Equality)

“It was life-changing” How Circle of Security Empowers Whānau

Parents are connected to our services for a range of reasons, some contact us directly (self-refer), and others are referred by another service, when it is recognised that professional parenting support would be beneficial for a family. We recently spoke to Jamey who shared her parenting journey with us.

Raising a child with ADHD and anxiety can be challenging for any parent, and this was the situation that Jamey who was parenting on her own, found herself in. As her own negative childhood experiences were beginning to impact how she was parenting her son, Jamey actively sought help. “As a child that had gone through the former Child Youth and Family Service, I was exposed to trauma on varying levels, including domestic, substance, and physical abuse. The family courts were involved throughout my childhood. I was neglected and it was important for me to break that cycle,” Jamey explains.

Jamey was referred to the Home-based Family Service in Dunedin. It's a free confidential service for families facing challenges who need support or who want to develop and strengthen their parenting skills and confidence so that their children can reach their full potential. Social Worker Hannah worked alongside Jamey for over 3.5 years. Over this time Hannah provided support that helped Jamey with parenting strategies and advocated for both mother and child. “It really was life-changing when another agency referred me to Anglican Family Care. My confidence in myself as a parent and having someone believe in me [Hannah], has made a huge difference to where I was then and where I am today,” reflected Jamey.

“The Circle of Security programme was the perfect way to end my relationship with Anglican Family Care and my (professional) relationship with Hannah. “This programme was the icing on the cake, it pulled

everything (I had learned over the years) together for me. Hannah has let me go out on the circle and explore (parenting) by myself. I, 100% recommend Anglican Family Care to any parent who needs that extra support”.

Support is delivered in a structured way, as our Social Workers support parents one-on-one, at their place, at their pace. In addition to helping support families to achieve their goals, we can also offer the Triple P (Positive Parenting Programme). Ultimately, parents/caregivers choose what area they want to focus on, and our social workers work with families to develop a plan and support them to achieve their goals.

Here is what other families have told us about their experiences with our services.

“The staff are friendly and understanding.
Very helpful.
Great people”



“They gave me great advice and I managed to deal with issues I was facing after just one session”

“When I needed help, she offered a lot of help and support where it was needed”

“My counsellor was extremely supportive and helpful”

“We have had a very caring and wonderful support worker, couldn't fault them. They have been a big help, even just if I needed a sounding board”

“Made such a positive difference to our journey as new parents”

OUR YEAR OF CELEBRATION CONTINUES...

Honouring our past, celebrating the present, embracing our future

April 27 is a big day in the history of Anglican Family Care. It is the day that 51 years ago, in conjunction with the Methodist Church, we first opened our doors as Anglican Methodist Family Care Centre. This year, past and present staff, board members and other invited guests joined together to celebrate the launch of Southern Service: The First 50 Years of Dunedin's Family Care Centre. It was lovely to see so many familiar faces who have been part of our history.

To purchase your copy for \$39.95 (plus postage & packaging), visit our website www.anglicanfamilycare.org.nz or call us on 0800 FAM CARE

Pictured below are Mike Williams (General Manager), Niccy Taylor and Catherine Goodyear (former Directors). Julia Stuart (author) is pictured bottom right.



SAVE THE DATE

50th Anniversary Celebration Dinner

Saturday 16 October 2021

Selwyn College
560 Castle Street, Dunedin



Congratulations to Terri Goddard (Home-based Family Support Team Leader) on reaching a milestone 25 years of service to Anglican Family Care

Thank you to everyone who supported our House & Garden Tour Fundraiser in February.

The weather was stunning and it was a lovely way to spend an afternoon.



Together, we raised just over \$8,000 which will go towards our services supporting Otago whānau.



News From Our Board of Trustees

For the first time in our history, the Anglican Family Care Board of Trustees has recently initiated a governance internship.

It demonstrates a progressive, solution focused approach to address the difficulty in attracting people to Charitable Trust Board roles, targeting the 20 to 35 year age group. It is a non-voting role, with a two year commitment and the intern has the opportunity to continue as a board member after the internship, where the programme would be rerun.

Annabelle Cullinane became our first AFC Board Intern, and we recently had an opportunity to talk to her.

Annabelle explained she was born in Australia, raised in Hong Kong, studied in China, the US and New Zealand, she has finally found Dunedin as a place to settle and call home. She moved to Dunedin in 2017 and completed her studies in Philosophy, Politics, Economics (BA), followed by a Masters Degree in Sustainable Business (MSusBus).

What attracted you to the role as Intern Director?

Growing up in a city with people from all walks of life made me recognise the vast inequalities in society, and what the consequences are when social support systems are not in place. This enabled me to consciously see things through a social lens, and has motivated me to get involved in a range of philanthropic activities. These have included establishing a relief fund in response to the 2015 Nepal Earthquake, to working as an Annual fund Officer at a University in the US which raised funds for students most in need. Having the opportunity to be a part of AFC is a way for me to give back to my local community, but in a different role than I have done so before.

What are you most passionate about and achieving during your tenure?

I am looking forward to learning about the social needs of our community, and how decisions are made that respond to those needs. I am very honoured to have the opportunity to be involved



at this level, and to share these conversations with intelligent individuals with big hearts.

What are your greatest strengths?

I think my greatest strength is my ability to communicate and connect with anyone. Regardless of differences between people, having empathy, compassion and respect comes naturally to me, and I think fundamentally what it means to be human.

What is your greatest accomplishment?

Completing my two degrees has definitely been a personal accomplishment for me, and a particular highlight would have to be being published in an academic journal. It was something I never imagined I'd do, which made it even more special to me.

Where do you see yourself in five years' time?

This is hard to answer, but I would like to imagine that I will have deepened my roots in Dunedin, both in my personal and professional life. It is exciting to see my parents choose Otago as their place to retire after 32 years in Hong Kong, which will make the prospect of Dunedin being home more comforting.



Thank You

We've received some generous support from our community that have included: hygiene product packs, toys and clothing for children, and donations of funds, big and small. We, and the families we support, are extremely grateful.

We sincerely thank:
Otago Community Trust,
Trinity Foundation,
Dunedin City Council,
Catalytic Foundation,
The Trusts Community Foundation,
Anglican Diocese of Dunedin,
Callis Trust,
Tindall Foundation,
The I.T. Team & Findex Dunedin
for their support by way of grants and sponsorship over the last six months.

Thank you

Cheque-ing out

By mid-June this year, all major New Zealand banks will have phased out cheques, and we will be unable to accept donations in this way from 1 June 2021.

Your support continues to be important to supporting whānau and tamariki, and we would like to suggest some other ways you can donate.



Call us and we can process your credit or debit card donation over the phone with you,



Go to our website,
anglicanfamilycare.org.nz/donate



Scan the QR code below with your phone to be taken directly to our website,



Visit one of our offices,



Phone banking via your bank,



Set up a one-off or regular payment with your own on-line banking. See below for our bank details,



Return the below form to us

Winter Appeal

Winter is almost upon us and our teams throughout Otago need your help in providing these essential items to families this season:

- Toiletries for Mums and Bubs, products to support good hygiene as in wipes and sanitiser, tissues, vicks vaporub.
- Children's books (see our Family Start book list on our website for some ideas)



YES, I WOULD LIKE TO MAKE A DIFFERENCE TO OTAGO FAMILIES

My gift is: \$10 \$20 \$50 \$100 Other

Please charge my credit card: Visa Mastercard

Card number:

Name on card:

Signature: Expiry date / / CVC

I have made a deposit of \$ into Anglican Family Care's bank account 02 0912 0018828 07 (ref. my name and "Autumn/Winter 2021")

I have made a website donation of \$ via AnglicanFamilyCare.org.nz

My email address is:

My phone number is:

I would like to become a regular donor, please contact me to organise.

I would like some information on how I can help AFC by leaving a gift in my will.

Scan this QR Code to make an Online Donation



All donations are receipted.
Gifts of \$5.00 or more are tax deductible.
Our Charities Commissions Number is CC 24152.